

Chair Yoga Starting in April

Chair Yoga for the Faithful will be offered the third Sunday of each month starting in April following worship. Restore body, mind, and spirit through breath, movement, and meditation. Let go of fear, stress, and negativity and allow love, hope, peace and joy to flow in. Keep the stillness and openness as you go through your days. Claudia Taller, YA 200 certified instructor, will lead you through 30 minutes of renewal.

Communion after Worship during Lent

Alice Walsh and Joel Chermonte will be taking turns after morning worship services during the Season of Lent to offer the Sacrament of Holy Communion in the Prayer Chapel beginning Sunday, February, 25 and ending Sunday, March 24. Please join them for this special way of gathering and centering with God and Jesus during this Holy season. Thank you, Alice and Joel!

Easter Basket Donations Needed

From Barb Andrews: We are back to collecting items for Easter baskets. They are basically the same items provided for Christmas stockings, but with baskets instead! Please leave these items in the box near the green Oxcart Pantry bin: wrapped candy, shampoo, deodorant, conditioner, toothpaste/toothbrushes, hair items, small coloring books, soap, skin cream/lotion, puzzle books, lip balm, razors, crayons, nail clippers/files, small tools, pens and pencils, jewelry, toy cars/trucks, small stuffed animals, small dolls, cosmetics. Toiletry items and men's gifts are especially needed. We will, however, make use of all donations. Remember that the items need to be small enough to fit in baskets. We can also use donated cash to shop for needed items. Since Easter is so early this year, we will need the items by March 17, preferably earlier.

Volunteers Needed For Community Meal

Please sign up to help with our community meal on February 29th. A signup sheet is on the sign-in table in FH.

New Sunday School Series

Beginning Sunday, Mar. 3 through April 14th, the Sunday School class will view the series "Seven Words", by Susan Robb. "While many of us naturally wish to avoid the reality of the cross, it's from the cross that Jesus speaks and shows his deepest love for us. It's from the cross that Jesus' full humanity draws us closest to him." See weekly email for more information.

Easter Flower Sale

The Worship Team is taking orders for Easter Lilies, Hyacinths, Daffodils, Tulips, Martha Washington Geraniums, and Pansies to decorate our altar on Easter morning. Order forms are available in Fellowship Hall every Sunday. Please fold your payment into the order form and place it into the purple box or send them to Wendy's attention at the church. You may also email your order to Wendy at <u>sundayschool@noumc.org</u>. Proceeds from the sale will support our Altar and Arts Team and be used to decorate our altar. Deadline to order is Sunday March 3rd. Flowers may be taken home after our Easter morning service!

Grief Support Group

Are you grieving the loss of a loved one....the loss of physical or mental capacities that you or a loved one once had....the loss of hoped-for dreams coming true....the loss of stamina and resilience in being hopeful with troubling matters in your life or the world....maybe other matters of grief, too?

You are not alone and there are people in your church family that have experienced grief and are here to listen, pray, and support you. Rev. Alice, Rev. Joel and Pastor Hoyte understand and are offering a Grief Support Group during the Season of Lent on Wednesday evenings from 6:30pm to 7:30pm in the Prayer Room of NOUMC beginning February 21 and ending March 27. Please RSVP of your interest with the church office or simply show up on February 21!



PI*/PIE DAY! SUNDAY, MARCH 17TH

*Pi Day is an annual celebration of the mathematical constant π (pi). Pi Day is observed on March 14 since 3, 1, and 4 are the first three significant figures of π . So, here at NOUMC it seemed like the perfect time for a pot luck of Shepherd's Pie (pot pie or other main dish) for St. Patrick's day with pie for dessert! Sign up beginning March 3rd and indicate the type which you would like to bring!

Join Us For Our Spring Card-making Day! Saturday, March 9 from 10 am to 2 pm, Fellowship Hall

Sandra Andrews and Sharon Werner have designed a selection of handmade greeting cards for Spring that can be customized for a variety of occasions, including Easter and Mother's Day. Card kits cost \$2.00 each. Bring a snack to share and a double-sided tape runner (can be purchased at the event). Please call or email Sharon Werner for photos of the cards being offered and an order form. If you can't make it that day, you can order a kit with everything pre-stamped, just assemble and mail. Sign up by March 5th.

This Week's Happenings

PM Bible Study: Tuesday, February 27, 7pm, Classroom 7 Grief Support Group: Wednesday, February 28, 6:30pm, Chapel Free Community Meal: Thursday, February 29, 4:30-5:30pm AM Bible Study: Thursday, February 29, 11am, Conversation Cafe Chancel Choir: Thursday, February 29, 7pm, Choir Room Sunday School: Sunday, March 3, 9am, Choir Room 3rd Sunday in Lent: Sunday, March 3, 10:30am